

ONALASKA ISD LUNCH MENU

SEPTEMBER 2012

Monday	Tuesday	Wednesday	Thursday	Friday
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10 Chicken Nuggets w/gravy, rice, Broccoli, bread, fruit & milk	11 Hamburgers ,pickles, lettuce,tomatoes Sweet potatoe fries &milk	12 BBQ Rib Sandwich Tator tots, corn, pickle, fruit & milk	13 Chicken spaghetti, carrots, spinach , roll, fruit & milk *	14 Beef Tacos Pinto beans, corn, salad, tomatos, fruit & milk
17 Pizza, Romaine &Spinach salad ,, fruit & milk	18 Chicken Fried Steak w/gravy, mashed potatoes, carrots, roll, fruit & milk	19 Corn dogs, macaroni and cheese, sweet peas &milk	20 Chicken Enchiladas Pinto beans, broccoli, fruit & milk	21 Chili Cheese Dogs, fries, baked beans, fruit & milk
24 Crispitos,pinto beans,corn,fruit,milk	25 Chicken Nuggetsw/gravy,rice broccoli,bread,fruit,milk	26 Pizza,Romaine Salad, Carrots,fruit,milk	27 Chicken fried steak w/gravy mashed potatoes green beans,roll fruit,milk	28 Hamburgers, pickles, lettuce,tomatoes,Sweet Potatoe fries,fruit/milk

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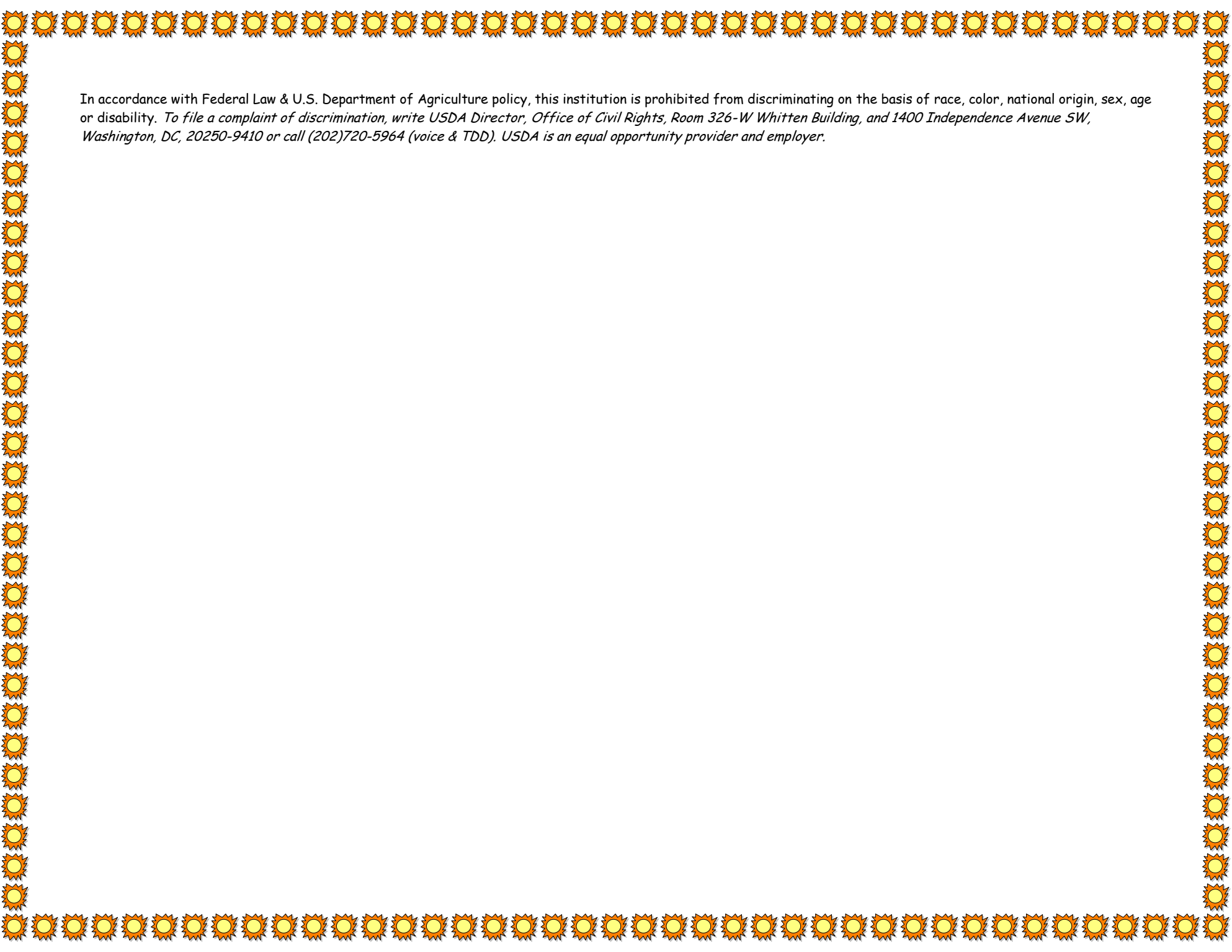
***K-2nd Grade: First Option Line 1 ONLY (First Item on Menu)**

****3rd-12th Grade: Line 1 and Line 2 or Choice of Chef Salad, Baked Potato with BBQ or Ham**

ONALASKA ISD BREAKFAST MENU

September 2012

Monday	Tuesday	Wednesday	Thursday	Friday
10 Pop tart or Cereal, milk & juice	11 Pancakes or Cereal, milk & juice	12 Breakfast Burrito or Cereal, milk & juice	13 Muffins or Cereal, milk & juice	14 Sausage Biscuit or Cereal, milk & juice
17 Cinnamon Roll or Cereal Juice & milk	18 Pancake on a stick or Cereal, milk or juice	19 Sausage Kolache or Cereal juice & milk	20 Yogurt or cereal juice & milk	21 Breakfast Bagel or Cereal milk & juice
24 Muffins or Cereal, milk & Juice	25 Breakfast Pizza or Cereal Milk, & Juice	26 Breakfast Burrito or Cereal Milk, Juice	27 Pancakes or Cereal, Milk & Juice	28 Sausage Kolache or Cereal milk & Juice



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